

# Effective Strategies: Building Blocks of Prevention

## Intended Audience

State- and community-level prevention practitioners with an interest in gaining a basic understanding of evidence-based prevention.

## Objectives

Participants in the course will have the opportunity to:

- Find out why federal and state agencies are interested in encouraging the application of evidence-based prevention.
- Explore five strategies that can be used to create environmental change, as well as individual change.
- Examine the evidence-based principles that underlie these key strategies.
- Look at the implications of incorporating evidence-based principles in the development and implementation of effective prevention programs.

## Description

*Effective Strategies: Building Blocks of Prevention* is designed to help practitioners incorporate evidence-based strategies into their prevention efforts. It combines readings, online activities, and moderated discussion. Course materials include written and videotaped case studies, 24 related resources and tools, and links to related Web sites.

This is an asynchronous event, which means that participants can take the course at their own pace and log in at their convenience. However, to benefit most from the materials and online discussion, we encourage participants to adhere to a recommended schedule.

**Course Length** 2 weeks (9 daily sessions)

## Course Requirements

Participants are expected to:

- Visit the course Web site daily
- Complete all online activities
- Participate regularly in online discussion (e.g., post 1-2 comments to the Discussion Board per activity)
- Complete an online evaluation

## Technical Requirements

- Computer with Internet access and at least 128 megabytes of RAM (memory)
- Computer capable of using Microsoft Internet Explorer, version 5.0 or higher
- CD-ROM player, either built in or externally linked
- Audio playback, with an audio player software application.
- Web-based e-mail account

## Contact Information

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